## THE CLAIMS

1. (Currently amended) A fall arrest device characterised by comprising:

The claims of the application, as amended, are:

a U-shaped member (3, 5) adapted to accommodate a track (7) of a fall arrest system;

a cam member (15, 17; 81, 83; 87, 89) including an actuating arm (21; 85) and a cam portion (19), the cam member being pivotably mounted on the device such that the cam portion is movable towards the U-shaped member so as to lock the track between the cam portion and an internal surface of the U-shaped member in the event of a fall;

biasing means (22) urging the cam member in a direction away from the internal surface of the U-shaped member to a position in which the cam portion is adapted to allow the track to pass between the cam portion and the internal surface of the U-shaped member;

actuating means (27; 93) adapted in the event of a fall to engage with the actuating arm or the cam member and to cause the cam member to pivot against the biasing force of the biasing means such that the cam portion locks the track; and

friction means (55) adapted in use to engage with the track such that at least a predetermined minimum load is required to cause the device to move relative to the track; and

a lock plate (39) which is movable towards and away from the path of the track (7) through the device, the lock plate including biasing means (43) adapted to bias the plate to a position in which it co-operates with the U-shaped member (3, 5) to prevent the device being removed from the track.

- 2. (Currently amended) A device as claimed in claim 1, characterised in that wherein two U-shaped members (3, 5) are provided, the U-shaped members being spaced in the axial direction of the path of a track (7) through the device.
- 3. (Currently amended) A device as claimed in claim 1 or 2, characterised in that, wherein the actuating arm (85) of the cam member (81, 83) is provided with guide flanges (91) for the actuating means (27).
- 4. (Currently amended) A device as claimed in claim 1, 2 or 3, characterised in that wherein the device includes two cam members (15, 17; 81, 83; 87, 89), the cam members being adapted to be actuated by movement of the actuating means (27; 93) in generally opposing directions.
- 5. (Currently amended) A device as claimed in any preceding claim, characterised in that claim 1, wherein the biasing means (22) comprises a torsion spring.
- 6. (Currently amended) A device as claimed in any preceding claim, characterised in that claim 1, wherein the biasing means (22) is adapted to maintain the cam member (15, 17; 81, 83; 87, 89) in position until a threshold load is applied thereto.
- 7. (Currently amended) A device as claimed in any preceding claim, characterised in that claim 1, wherein the actuating means (27; 93) is pivotably mounted on the device.

- 8. (Currently amended) A device as claimed in any preceding claim, characterised in that claim 1, wherein the actuating means (27; 93) is movable in a direction towards and away from the path of the track (7) through the device.
- 9. (Currently amended) A device as claimed in claim 8, characterised in that wherein the actuating means (27; 93) is movable in a direction substantially perpendicular to the path of the track (7).
- 10. (Currently amended) A device as claimed in any preceding claim, characterised in that claim 1, wherein the actuating means (27; 93) includes a lever (31; 95) adapted to engage the cam member (15, 17; 87, 89).
- 11. (Currently amended) A device as claimed in claim 10, eharacterised in that wherein the lever (31) is slidably engaged with an arcuate slot (35) provided in the cam member (15, 17).
- 12. (Currently amended) A device as claimed in any preceding claim, characterised in that claim 1, wherein the actuating means (27) engages directly with the cam member (15, 17).
- 13. (Currently amended) A device as claimed in any preceding claim, characterised in that claim 1, wherein the actuating means (27; 93) is provided with an aperture (29) for receiving fastening means (63; 71) for securing a user to the device.

- 14. (Currently amended) A device as claimed in claim 13, characterised in that wherein the device includes a plate (9, 45) extending in a plane substantially parallel to the actuating means (27; 93) and provided with an aperture (11, 46) for receiving the fastening means (63; 71).
- 15. (Currently amended) A device as claimed in claim 14, characterised in that wherein two spaced plates (9, 45) are provided, one plate being positioned on either side of the actuating means (27).
- 16. (Currently amended) A device as claimed in claim 14 or 15, characterised in that, wherein the aperture (11, 46) in the plate (9, 45) is curved.
- 17. (Currently amended) A device as claimed in claim 16, eharacterised in that wherein the aperture (11, 46) in the plate (9, 45) includes a portion at least at one end thereof extending in a direction substantially parallel to the axial direction of the path of the track (7) through the device.
- 18. (Currently amended) A device as claimed in any one of claims 14 to 17, eharacterised in that claim 14, wherein an intermediate member (71) is provided, the intermediate member extending through the aperture (29) in the actuating means (27) and through the aperture (11, 46) in the or each plate (9, 45), for connecting to a fastening means (63).

- 19. (Currently amended) A device as claimed in 1 any preceding claim, characterised in that claim 1, wherein the friction means (55) comprises a cylindrical post, the axially extending surface of the post being adapted to engage the track (7).
- 20. (Currently amended) A device as claimed in claim 19, characterised in that wherein two cylindrical posts (55) are provided, the posts being spaced in the axial direction of the path of the track (7) through the device.
- 21. (Currently amended) A device as claimed in claim 20, eharacterised in that wherein the cylindrical posts (55) are in the region of opposite ends of the device.
- 22. (Currently amended) A device as claimed in any preceding claim, characterised in that claim 1, wherein the friction means (55) is movable towards and away from the path of the track (7).
- 23. (Currently amended) A device as claimed in any preceding claim, characterised in that claim 1, wherein the friction means (55) is adapted to exert a force on the track (7) such that a predetermined minimum load is required to move the device relative to the track.
- 24. (Currently amended) A device as claimed in claim 23, eharacterised in that wherein the predetermined load corresponds to a load less than 5 kg.
- 25. (Currently amended) A device as claimed in claim 23 or 24, characterised in that, wherein the predetermined load corresponds to a load greater than the weight of the device.

- 26. (Currently amended) A device as claimed in any preceding claim, characterised in that claim 1, wherein the friction means (55) includes means (59) biasing the friction means towards the path of the track (7).
- 27. (Currently amended) A device as claimed in claim 26, eharacterised in that wherein the biasing means (59) comprises a compression spring.
- 28. (Currently amended) A device as claimed in any preceding claim, characterised in that claim 1, wherein the friction means (55) comprises means (61) for (manually) moving the friction means away from the path of the track (7).
- 29. (Currently amended) A device as claimed in claim 28, eharacterised in that wherein the means for moving the friction means (55) comprises a release button (61).
  - 30. (Canceled)
- 31. (Currently amended) A device as claimed in claim 30, characterised in that 1, wherein the lock plate (39) is spaced from the U-shaped member (3, 5) in the locking position to allow the device to pass over intermediate posts of the fall arrest system.
- 32. (Currently amended) A device as claimed in claim 30 or 31, characterised in that 1, wherein the biasing means (43) of the lock plate (39) comprises a torsion spring.

- 33. (Currently amended) A device as claimed in claim 30, 31 or 32, characterised in that 1, wherein the lock plate (39) includes a release button (49) for moving the lock plate in a direction away from the U-shaped member (3, 5) against the force of the biasing means (43).
- 34. (Currently amended) A fall arrest system comprising a track (7), an intermediate bracket (65, 101) and a device as claimed in any preceding claim, characterised in that claim 1, wherein the intermediate bracket (65, 101) is formed intermediate end portions thereof with inclined faces whereby a portion of the track is exposed intermediate the end portions for engagement with the friction means (55) and with the cam portion (19) of the fall arrest device.
- 35. (Currently amended) A system as claimed in claim 34, characterised in that wherein the track (7) is in the form of a cable.
- 36. (Currently amended) A system as claimed in claim 34 or 35, characterised in that , wherein the intermediate bracket (101) is formed intermediate end portions thereof with inclined faces whereby a portion of the track (7) intermediate the end portions is exposed for engagement with the internal surface of the U-shaped member (3, 5) of the fall arrest device.
- 37. (Currently amended) A system as claimed in claim 36, characterised in that wherein the end portions of the intermediate bracket (101) are interconnected by means lateral connecting portions provided at each side of the track.

38. (Currently amended) A system as claimed in claim 36 or 37, characterised in that , wherein the end portions of the intermediate bracket (101) are formed with divergent faces, one of which faces is adapted to engage the friction means (55) and the other of which faces is adapted to engage the internal surface of the U-shaped member (3, 5).